



female

singapore's leading fashion & beauty magazine

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DESIGNER BRANDS' BIG BIRTHDAY SPECIALS

- Limited edition boots, watches & fragrances
- Jumbo-sized skincare
- Swarovski-studded lipsticks

LADIES FIRST

Why all the designers we love now are women

"WHERE DID YOU GET THAT BAG?"

134 SATCHELS, CLUTCHES & HOBOS THAT WILL GET YOU NOTICED

SOPA 2009 AWARDS
Excellence in Magazine Design
(Honourable Mention)

MPAS Fashion Magazine
of the Year 2010 Silver

DOCTOR LOOK-GOOD

Four local medics with taste & style

PARIS, LONDON, NEW YORK

How to dine, shop, dress & party like a native

SEX AND THE CITY 2

Key looks & where to buy them

YVONNE GOH

Medical director, Medical Aesthetics @ Cluny

Cluny is a beautiful, historic town in the heart of the Cotswolds, just north of Oxford. It's a lovely place to live and work, and Yvonne has been here for over 10 years. She's a firm believer in cosmeceuticals, and she's always looking for the latest and greatest in skincare technology.

She follows a straightforward beauty routine and is a firm believer in cosmeceuticals. "If you're going to go through all the effort of applying something every day, it had better be effective," she says. Perfect (or nearly perfect) skin is the promise she delivers to her clients. But can anyone achieve it, or do some people have skin that is too damaged to even try? "Some conditions are difficult to treat, like deep pigmentation or acne scarring. They might require more treatments with longer downtime. But the eventual result is still great skin."

So how does she ensure that her patients appear natural and well rested, not like they've had work done? "You have to study the patient's face. Work with their features and only do what's necessary. It's all about bringing out natural beauty, keeping things balanced and always being tasteful."

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"My skincare routine is pretty basic. I use the products I developed myself: AHA/BHA cleanser, which deep cleanses and prevents acne; Vitamin C Rx serum (it doesn't have the strong orangey smell of most vitamin C products, and you don't have to keep it in the fridge); and Retinol Illuminator, which tightens skin and evens out complexion without peeling or redness. I'm very particular about texture, so everything is water-based."



