

Harper's

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SINGAPORE
May 2009
S\$100 (incl GST)

108

SCORCHING-HOT
ACCESSORIES TO
LAST THE SEASON
AND BEYOND

SKIN CITY
The new secrets
bare-faced beauty

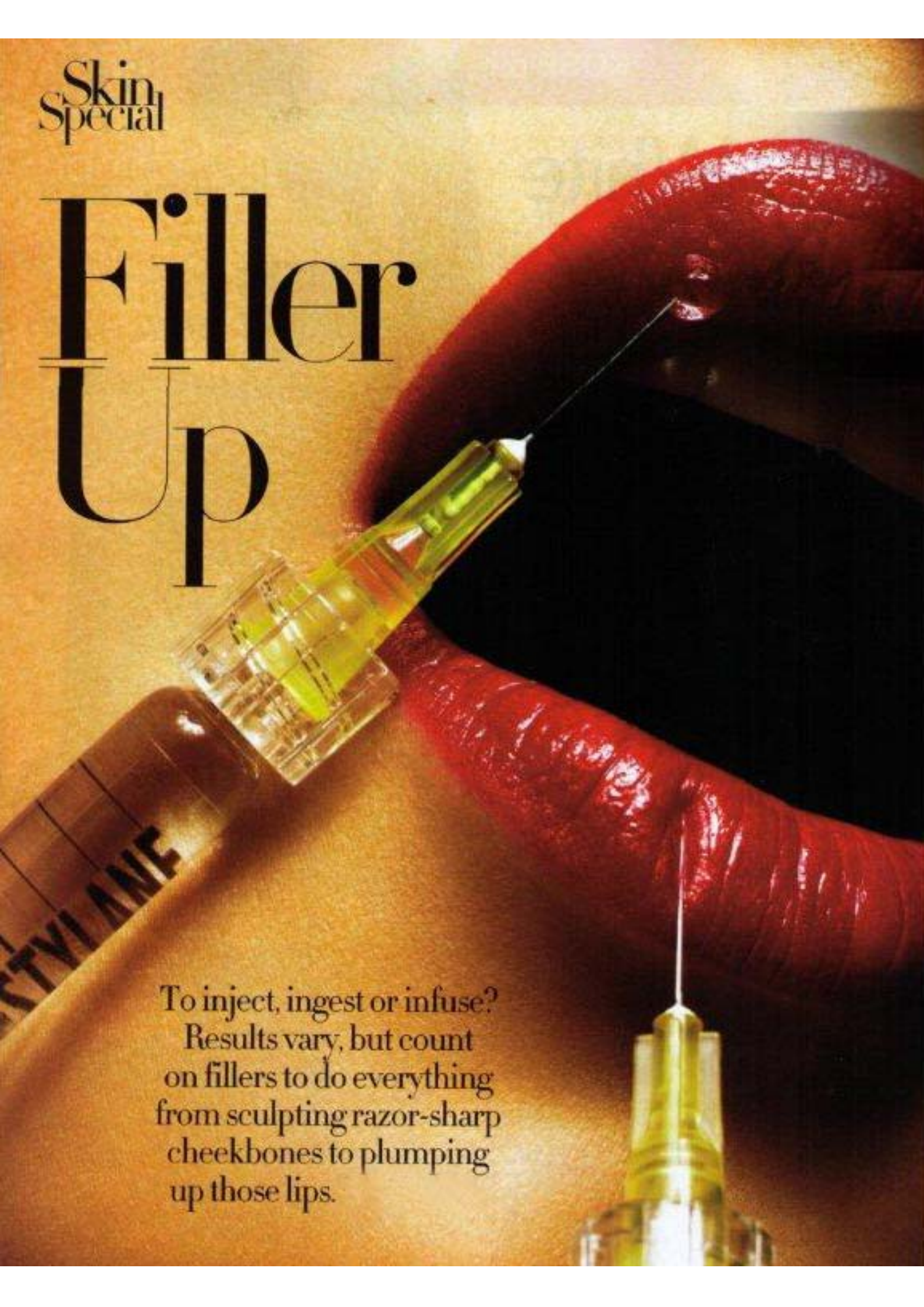
Brighten Up

Pick-me-up colours, age-embracing
silhouettes and fabulous fashion looks



Skin
Special

Filler Up



To inject, ingest or infuse?
Results vary, but count
on fillers to do everything
from sculpting razor-sharp
cheekbones to plumping
up those lips.

When going under the knife to regain lost youth seems too radical an option, many count on less-invasive fix-its to counter the ravages of time. If it's all written in the stars, we need look no further than celebrities who have championed the use of fillers that offer more subtle "refreshing" results than many plastic surgery procedures. It's no secret that juicing up those fine lines to plump and lift skin turns back the clock, but when pain is negotiable and you're in the market for big results, we ask just how quick you want your youth-fix.

RELAX

"Repetitive creasing from facial overtime leads to permanent creases and furrows. This makes the face look tired and aged," says aesthetic doctor Yvonne Goh of Medical Aesthetics @ Cluny. "Botox relaxes targeted facial contortions, thus preventing repetitive creasing and permanent lines from forming."

The Botulinum toxin type A works to weaken strong facial muscles, stopping overt signs of aging and lasts anywhere from three to six months. Its medical uses vary: in addition to regular jabs to wrinkles, specialists increasingly rely on Botox to correct teeth grinding, relieve migraines, treat incontinence, rectify strong masseter muscles in the jaw to create a more feminine face shape and, if you're in Korea, contour the calf muscles.

When correctly injected into the targeted muscle, Botox works subtly, says Dr Goh. "Facial expressions are still preserved with Botox, and it doesn't mean your face will appear 'frozen' or expressionless," she notes.

INJECT

INJECT

"The new fillers are smooth and more volumising," says Dr Goh. Fillers can also be used to "augment features like the nose bridge as well as enhancing the cheeks and chin." In addition, the latest fillers on the market come combined with anaesthetic (lignocaine) to make the injection process more comfortable.

