

singapore's leading fashion & beauty magazine

female

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PRE-CHRISTMAS COUNTDOWN:

Top-to-toe
Aesthetic Tricks
If You Have
6 Weeks
Or 1 Week

The New Home Shopping Network

You Could Be
Buying Your Next
Outfit In Someone's
Living Room

WHY MILLA'S SUCH A GOOD KISSER

50 GORGEOUS PEOPLE '08

60+ PAGES OF EYE CANDY. CAST YOUR VOTES AND BE A WINNER!

JET-SET TO-DOS

- SHOP AT LONDON'S DOVER STREET MARKET
- LEARNING HOLIDAYS: TRAVEL AND MASTER SHOE-MAKING
- FIND OUT WHAT MICHELIN REALLY MEANS
- SOLO LUXURY RAIL JOURNEYS FOR WOMEN

THE RECESSIONISTA'S FASHION INVESTMENTS Pick One Great Piece To Wear All Season

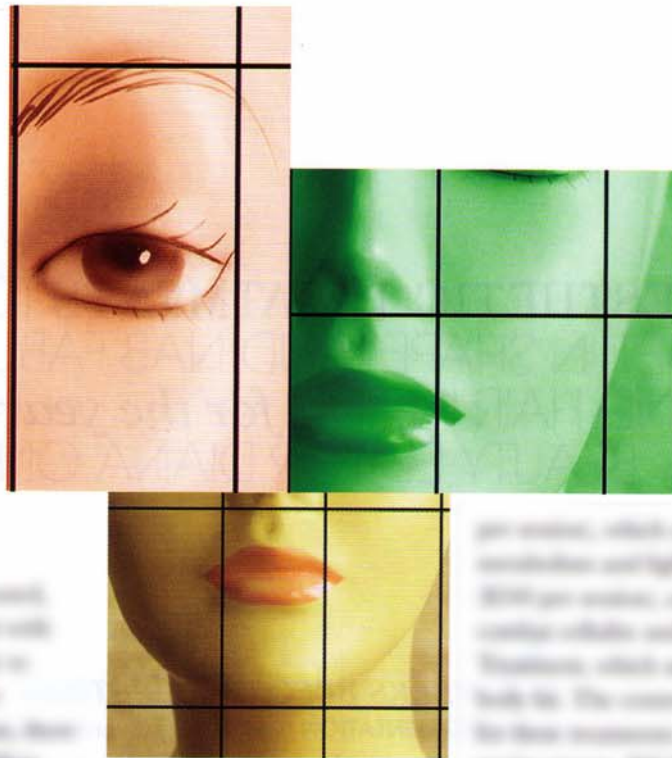
MAN-LY-CURES, BOYZILIAN
AND SPA-TIES FOR GUYS:
Have metrosexuals gone too far?



EXTREME

BEAUTY

COUNTDOWN



SMOOTH AND SILKY You can wear one of Alber Elbaz's fabulous Lanvin confections, and still look terrible with fuzzy arms and legs. Remove hair with the Elos Hair Removal Program (\$110 - 250) at Medical Aesthetics @ Cluny. Radiofrequency energy targets and denatures hair follicles for silky-smooth, hairless limbs. There is no downtime, although you may experience some temporary redness in the treatment areas. Effects can be seen in two sessions, spaced at least three weeks apart, although ideal results are achieved in three to six treatments. 501 Bukit Timah Road, #02-12 Cluny Court, tel: 6462-2559.

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6 WEEKS BEFORE CHRISTMAS

GET SMOOTH LIMBS You can wear one of Alber Elbaz's fabulous Lanvin confections, and still look terrible with fuzzy arms and legs. Remove hair with the Elos Hair Removal Program (\$110 - 250) at Medical Aesthetics @ Cluny. Radiofrequency energy targets and denatures hair follicles for silky-smooth, hairless limbs. There is no downtime, although you may experience some temporary redness in the treatment areas. Effects can be seen in two sessions, spaced at least three weeks apart, although ideal results are achieved in three to six treatments. 501 Bukit Timah Road, #02-12 Cluny Court, tel: 6462-2559.

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VANISH EYE BAGS Show panda eyes and eye bags the door with the non-surgical, no-downtime 3-in-1 Eye Rejuvenation Treatment at Medical Aesthetics @ Cluny. Dr Yvonne Goh uses fractional laser, radiofrequency and infrared energies to enable better collagen production in skin. IPL and radiofrequency energies also diminish prominent blood vessels to lighten dark circles. Best of all, there are unlikely to be side effects as "this is a gentle treatment which achieves results because of the combined energies used," says Dr Goh. A course of three to six treatments will deliver best results. \$133 to \$395 per session.

4 WEEKS BEFORE CHRISTMAS **REDUCE JOWLINESS** Slim your face with Botox injections on your jawline. Botox freezes jaw muscles to relieve jaw tension and cause eventual atrophy (loss of muscle size) for a more attractive silhouette. It takes one to two weeks to see results. You can also use it to reduce wrinkles, laugh lines and frown lines. Be sure to consult your doctor before Botox injections, as those allergic to it

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